



Coaches Checklist

Coaches Offseason Checklist

January

- Schedule IMPACT Online Course (.5 hrs)
- Schedule First Aid (.5 hrs)
- Hold Team Recruiting Meeting for Returning Members and New Members (3 hrs)

February

- First Aid Training (4 hrs)
- Begin to put together Team for SOT (2 hrs) (Faculty Sponsor Help)

March

- Request Time for Practice for SOT (2 hrs)
- Coaches meeting (3 hrs)

April

- Advertise the Summer Tournament Schedule (.5 hrs)
- Check for Girls Fall Schedule to schedule practices (2 hrs)

May

- Team meeting for next year. (1 hr)
- SOT (8 hrs)
- Submit proposed practice schedule to Commissioner (1 hr)

June

- Check to see you have completed required courses. (1 hr)

July

- Ensure you have completed required courses (1hr)

August

- Team meeting (1 hr)

September

- Recruiting meeting (2 hrs)
- Also email all the certifications to brian@wshsbva.com or wshsbva@gmail.com
- Let WSHSBVA know what tournaments you will be attending
- Turn in your Roster

October

- Tournaments (8 hrs per tournament)

November

- Playoffs/Fall meeting (4 hrs per match)

December

- Recruiting/Rest (0 hrs)